Vol. 26, ISSUE 33

NEWSLETTER

April 2026 to September 2026

Bal Sahyog
With 'n' By Children

Bal Sahyog was founded as a pious endeavor by the former Prime Minister of India, Smt. Indira Gandhi in 1954 for care and protection of the helpless, orphan, abandoned, runaways and vulnerable children and the children rescued from child labour. Bal Sahyog provides round the clock services of shelter, nutrition, medical care, clothing, education, vocational training, recreational and over all amenities to more than 125 children within its Children's Home. Honorable Prime Minister of India is the Patron of Bal Sahyog.

In its endeavor to holistic development of children in need and collective action, Bal Sahyog has been networking and collaborating with different child care Institutions, government institutions, law enforcement agencies, donor agencies, non-government organizations, civil society organizations, opinion makers and individuals for the same. It is located in a campus of 1.67 acres in Connaught Place, New Delhi.









Bal Sahyog has established; Bal Sahyog Middle School aided by Govt. of NCT of Delhi within its campus. Bal Sahyog is governed by General Committee of 25-30 members nominated by the Prime Minister Office. These members are eminent persons from different fields including current and retired bureaucrats, academicians and social workers.

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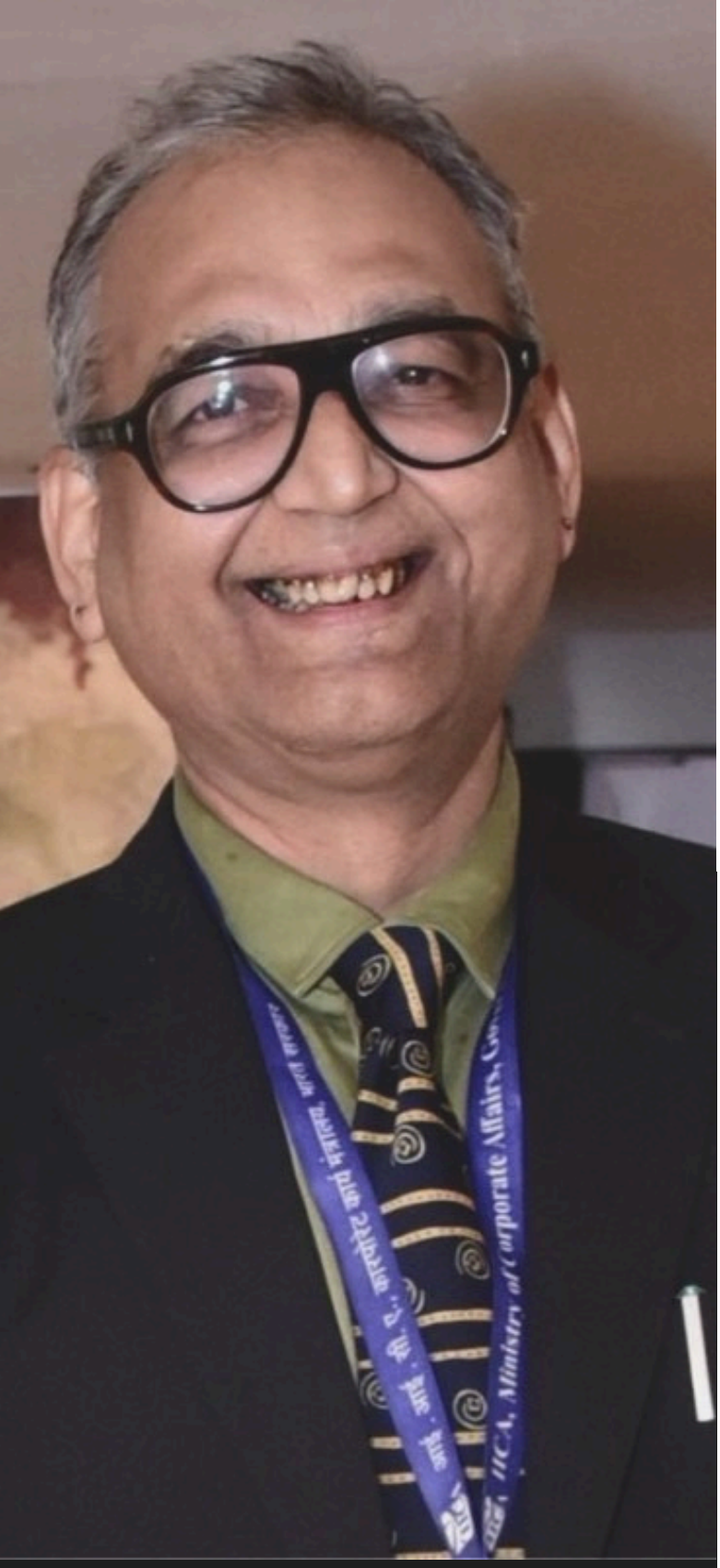
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CHIEF EXECUTIVE OFFICER (CEO), BAL SAHYOG

FROM THE DESK OF THE CHIEF EXECUTIVE OFFICER

MESSAGE

It gives me immense pleasure to present the Bal Sahyog Newsletter for April–September 2026, highlighting the key activities, achievements, and initiatives undertaken during the first half of the year.
The past six months have been marked by meaningful efforts towards education, care, empowerment, and the overall well-being of the children and communities we serve. These achievements have been made possible through the dedication of our team and the continued support of our partners, well-wishers, and supporters.

I hope this newsletter provides a glimpse into the work undertaken by Bal Sahyog and the positive impact of our collective efforts. I extend my heartfelt gratitude to everyone who continues to contribute to our mission.

I would also like to sincerely appreciate Mr. Sandeep for his dedicated efforts in compiling and creating this newsletter.

Sanjay Joshi
Date: 1/10/2026

FORMER CHAIRPERSONS

SMT. INDIRA GANDHI	1954 TO 1966
SMT. VIDYABEN SHAH	1966 TO 1984
SMT. PRATIBHA SINGH	1984 TO 2004
SMT. VIDYABEN SHAH	2004 TO 2005
SH. VINOD RAINA	2005 TO 2010
SMT. REVA NAYYAR	2010 TO 2025

General Committee

- Smt. Sunita Bhasin, Chairperson
- Shri. Ashok Kumar, General Secretary
- Shri. Sanjai Kumar Srivastava , Treasurer
- Dr. Uma Tuli
- Dr. Yogender Pal Anand
- Dr. Shashi Prabha Gupta
- Chief Secretary, Govt. of NCT of Delhi
- Joint Secretary, Ministry of Social Justice & Empowerment, GoI
- Joint Secretary(L&W), Ministry of Urban Development, GoI
- Joint Secretary (SE-II), Ministry of Human Resource Development GoI
- Joint Secretary (Sports), Ministry of Youth Affairs & Sports, GoI
- Joint Secretary (NYKS/Dev.), Ministry of Youth Affairs & Sports, GoI
- Joint Secretary, Ministry of Labour & Employment, GoI
- Joint Secretary (Rural Livelihood) Ministry of Rural Development, GoI
- Dr. Manjula Chakarvarty
- Shri. Sunder Lal
- Smt. Renu Brij
- Smt. Pratima Goel
- Shri. Zuber Khan
- Smt. Sharmila Bhagat
- Dr. U. N. B. Rao, (Retd. IPS)
- Shri. Gautam Vohra
- Dr. Santosh Jain Passi
- Shri Sanjay Joshi (Chief Executive Officer & Member Secretary)

Bal Sahyog
With 'n' By Children

KEY HIGHLIGHTS

1

TRANSFER AND RESTORATION

In the last six months total of 37 children from Open Shelter and 15 from Shelter home were restored and rehabilitated

2

ACADEMIC SCHOOL RESULT

Middle School children from class VI to VIII showed 93% passing result in the academic year 2025-2026.

3

CHILDREN COVERED

Bal Sahyog Children's Home has covered 174 children in need of care and protection including Open Shelter and Shelter home. We have provided shelter, nutrition, education, health care, counseling, vocational training, computer skills and recreational facilities

4

VOVINAM DELHI STATE CHAMPIONSHIP

5 children of Bal Sahyog Bagged medals in the Vovinam Delhi State Karate Championship.

About Bal Sahyog Children Home

Bal Sahyog runs two Children's Homes, BSCH-1 and BSCH-2, providing a safe, nurturing, and caring environment where children can grow with love, protection, and guidance. The children are provided with nutritious food, healthcare, education, opportunities for play and recreation, and counselling to help them develop into responsible, independent, and happy individuals. Their well-being is ensured by a dedicated team comprising the Superintendent, House Parents, educators, medical and social welfare staff, counsellors, cooking and cleaning personnel, and security guards. All activities are closely monitored, with decisions focused on the best interests and overall development of the children, while their suggestions and requirements are considered wherever feasible.

During the last six months, a total of 84 boys resided across BSCH-1 and BSCH-2. During this period, 6 children were successfully restored to their families, while 8 were transferred to suitable shelter homes based on their individual needs and circumstances. The monthly occupancy of the Children's Homes ranged from 63 to 71 boys at a time.

COVERAGE OF CHILDREN AT CHILDREN'S HOME (BSCH-1) FROM APRIL 2026 TO SEPTEMBER 2026

Month	Total Number of Children in the beginning of the month	New Admission	Restored and Released	Transferred and Escort	Missing/ Runaway	number of children in the end of the month
April	28	1	0	2	0	27
May	27	2	0	1	0	28
June	28	2	1	0	0	29
July	29	0	1	1	0	27
August	27	0	0	1	0	26
September	26	3	0	0	0	29

COVERAGE OF CHILDREN AT CHILDREN'S HOME (BSCH-2) FROM APRIL 2026 TO SEPTEMBER 2026

Month	Total Number of Children in the beginning of the month	New Admission	Restored and Released	Transferred and Escort	Missing/ Runaway	number of children in the end of the month
April	38	1	1	2	0	36
May	36	3	1	0	0	38
June	38	1	1	0	0	38
July	38	3	0	0	0	41
August	41	2	10	0	0	42
September	42	0	0	1	0	41



About Bal Sahyog Open Shelter

The Open Shelter at Bal Sahyog provides short-term care, support, rehabilitation, and a safe environment for vulnerable children, including runaway, missing, trafficked, street-connected, and child-labour-affected children. Its aim is to help these children move away from street life and lead dignified and productive lives. During the last six months, 90 children benefited from the Open Shelter at different times, with a maximum of 24 children staying at Bal Sahyog at a time.



During this period, a total of 37 children were restored to their families or escorted to appropriate places/services based on their individual needs.

COVERAGE OF CHILDREN IN BAL SAHYOG OPEN SHELTER FROM THE MONTH APRIL 2026 TO SEPTEMBER 2026

Month	Total Number of Children in the beginning of the month	New Admission	Restored and Released	Transferred and Escort	Missing/ Runaway	number of children in the end of the month
April	16	11	04	01	0	22
May	22	08	07	3	0	20
June	20	10	01	8	0	21
July	21	07	06	4	0	18
August	18	20	12	2	0	24
September	24	18	07	13	0	22

Activities at Bal Sahyog



BIRTHDAY CELEBRATION

Birthday celebrations are one of the regular and much-loved activities at Bal Sahyog, held on the 3rd of every month. These celebrations provide an opportunity for all the children to come together, share in the happiness, and make special memories with their friends and caregivers.

Over the past six months, Bal Sahyog has celebrated the birthdays of all children whose birthdays fell during each respective month. With cakes, smiles, laughter, and warm wishes, these celebrations have created moments of joy and togetherness, bringing a special sense of happiness and belonging to every child.

MORNING ASSEMBLY

The Morning Assembly is an important part of daily life at Bal Sahyog, bringing together all the children from the Open Shelter and Children's Homes. The assembly begins with a prayer, followed by inspirational and motivational talks by the staff to encourage and empower the children. It also provides platform for children to share their concerns, which are carefully discussed by the staff. The assembly concludes with everyone singing the National Anthem, fostering unity, and a sense of belonging among the children.



Martial Arts - Karate Training for the children





As part of Bal Sahyog's focus on the overall development of children, regular Martial Arts - Karate practice sessions are conducted every evening. These sessions provide children with an opportunity to stay physically active while learning important skills in a structured and disciplined environment.

Through consistent practice, the children develop strength, flexibility, coordination, balance, and self-discipline. Martial arts training also encourages concentration, confidence, patience, and perseverance, helping children build positive habits both on and off the training floor.

The evening practice sessions have become an enjoyable and meaningful part of the children's routine. The regular training not only supports their physical fitness and well-being but also helps them develop confidence, discipline, and a positive attitude towards challenges.

Vovinam Delhi State Championship



The children also had the opportunity to demonstrate their skills at the **Vovinam Delhi State Championship**, held on 20 July 2026 at Jhulelal Mandir Indore Hall, Ashok Vihar. Their dedicated preparation and regular practice resulted in commendable achievements.

Medal Winners

- Taphsil – Gold Medal
- Sonu Kumar – Gold Medal
- Anshu – Bronze Medal
- Shubham – Bronze Medal
- Shoaib – Bronze Medal

The achievement of two Gold Medals and three Bronze Medals is a proud moment for the children and Bal Sahyog. Their participation reflects the value of regular training, discipline, hard work, and perseverance. These accomplishments will encourage the children to continue developing their skills and participating confidently in future competitions.

Morning Yoga

At Bal Sahyog, children participate in yoga sessions under the guidance of **Dr. Rajkumari Tiwari**, PhD in Naturopathy and Yoga and a former teacher at the American School, Chanakyapuri. Her guidance and expertise have made yoga an important and enriching part of the children's routine, encouraging them to stay active and develop healthy habits.

Through regular practice, the children work on improving their flexibility, balance, strength, coordination, and posture. The sessions are conducted in an engaging manner, helping children enjoy yoga while developing greater awareness of their physical well-being.

Yoga also helps the children improve concentration and focus, enabling them to approach their studies and activities with greater attentiveness. The practice encourages discipline, patience, mindfulness, and a sense of calm.

These regular sessions contribute significantly to the children's overall physical and mental well-being. By incorporating yoga into their everyday routine under expert guidance, Bal Sahyog is helping children develop healthy and positive habits that can support them throughout their lives.









ABOUT

Special Meals

In addition to regular meals sponsored during festivals, our generous donors make their special days more meaningful by sponsoring special meals for the children of Bal Sahyog. These gestures help the children celebrate and share in the joy of important occasions.

Special meals are also sponsored for occasions such as children's birthdays, alumni meets, and other memorable events. Such celebrations bring happiness and create cherished moments of togetherness for the children.

Festivals are incomplete without special delicacies, and the children especially enjoy the delicious meals prepared on these occasions. Our valued supporters contribute either through monetary sponsorships or by providing ingredients and homemade treats, which are lovingly prepared and served to the children.

The special menus often include favourites such as halwa, kheer, seviyan, paneer dishes, raita, and dal makhani, among many others. During the past six months, a total of 54 special meals were sponsored, covering breakfast, lunch, and dinner, bringing joy to the children of Bal Sahyog.

"A meal becomes sacred when it is received with gratitude and shared with love."

Events and Festivals



Shivansh with CWC Chairperson and CWC menber.

A New Beginning for Shivansh

The members of the **Child Welfare Committee (CWC)** extended their blessings and encouragement to Shivansh on his release from Bal Sahayog and placement at **NavGurukul, Dharamshala**. This marks an important new chapter in his journey towards growth and independence.

The CWC members encouraged Shivansh to pursue his education, develop his skills, and embrace this opportunity with confidence and determination. Bal Sahayog wishes him success, happiness, and a bright future ahead.



Cleanliness Drive

by Claridges Hotel

On 4 May 2026, a cleanliness drive was organised **by Claridges Hotel** at Bal Sahayog, with 20 participants. The drive included bathroom, floor, kitchen, hall, ground, and high-level cleaning, along with floor dusting.

The children also participated in food preparation and learned basic cooking and household cleaning skills. The activity promoted cleanliness, teamwork, responsibility, and self-reliance.





Fire Safety Training



On 16 May 2026, a fire safety awareness and training session was conducted at Bal Sahayog by the **Delhi Fire Service**. The session covered the basics of fire, appropriate response during a fire emergency, the correct use of fire extinguishers, and the importance of following a safe evacuation plan. The participants gained practical knowledge on staying calm, responding promptly, and ensuring their safety during a fire emergency.

Drawing competition



Pledge

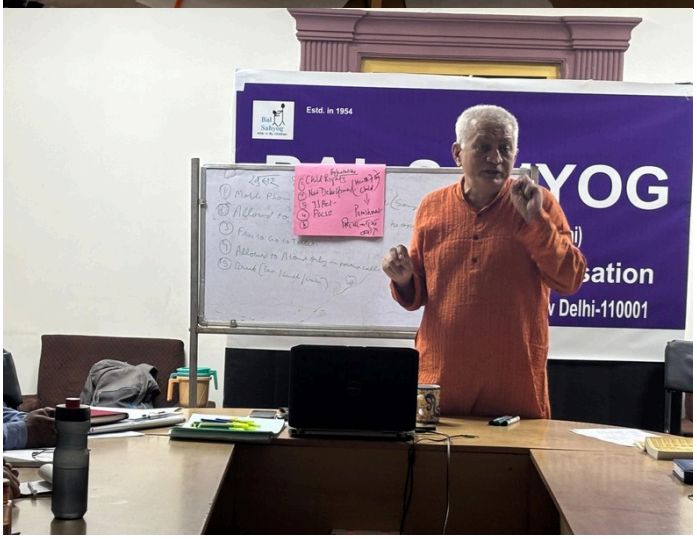


Swachhta Pakhwada Activities

On 20 May 2026, **Power Finance Corporation Ltd.**, represented by **Mr. G. Onkara, Chief General Manager** - organised activities at Bal Sahayog as part of Swachhta Pakhwada. The programme included a drawing competition on cleanliness, a cleanliness pledge, and distribution of hygiene kits to the children. The activities encouraged awareness about personal hygiene, cleanliness, and the importance of maintaining a healthy and clean environment.







Session on Child Rights

On 23 May 2026, all staff members of Bal Sahyog participated in a full-day training session on Child Rights, conducted by **Mr. Vipin Bhatt, Child Rights Specialist**. The session focused on strengthening awareness of children's rights, child protection, safeguarding practices, and the responsibilities of caregivers and institutions in ensuring children's safety and well-being.

The training was interactive and provided valuable insights into creating a safe, supportive, and child-friendly environment. It enhanced the staff's knowledge and strengthened their commitment to protecting children's rights and ensuring their holistic development at Bal Sahyog.

Nurturing Young Minds with Specialised Counselling

Alongside the dedicated counsellors at Bal Sahyog, **Dr. Aparna Singh** has been making a meaningful difference in the lives of our children since joining as a Consultant in July 2026. With a Master's in Applied Psychology, RCI registration, training in psychometric assessments, and expertise as a CBT practitioner, she brings professional knowledge, warmth, and empathy.

Working closely with children and young people, Dr. Singh helps them understand their emotions, cope with challenges, and build greater confidence and resilience. Her compassionate approach has made her a trusted and valued presence at Bal Sahyog.

We are grateful for her contribution towards creating a nurturing environment where children feel heard, understood, and empowered to thrive.







Activity by TCS

On 29 May 2026, **Tata Consultancy Services (TCS)** organised an engaging CSR activity at Bal Sahayog for the children. The programme included a fun and interactive Tongue Twister activity and Drawing Competition, encouraging the children to participate with enthusiasm and confidence.

The Tongue Twister activity provided an enjoyable way for the children to improve their pronunciation, communication skills, concentration, and confidence, while the Drawing Competition gave them an opportunity to express their creativity, imagination, and ideas through art. The activities created a lively and positive environment, bringing joy to the children while supporting their overall learning and development. Bal Sahayog appreciates TCS for its valuable engagement and continued efforts towards the well-being and development of children.

Road Safety Summer Camp

A three-day Road Safety Summer Camp was organised by the **Delhi Traffic Police** from 1 to 3 June 2026 at Harcourt Butler Senior Secondary School, Mandir Marg, Delhi. The camp focused on creating awareness among children about road safety, traffic rules, responsible behaviour, and safe practices while walking, cycling, and travelling on the road.

The interactive sessions encouraged children to understand the importance of following traffic regulations and adopting safe habits in their daily lives. The camp provided an informative and engaging learning experience, helping the participants become more aware and responsible road users.









Eye Check-up Camp at Bal Sahyog

On 4 June 2026, an Eye Check-up Camp was organized at Bal Sahyog in collaboration with **ITI Foundation & DCPU-11**, New Delhi. The initiative was aimed at promoting awareness about eye health and providing timely vision screening for the children and beneficiaries of Bal Sahyog.



During the Camp

During the camp, the children and beneficiaries underwent eye examinations and received guidance on the importance of maintaining good eye health. The camp also helped create awareness about the need for regular eye check-ups and early identification of vision-related concerns.

The camp was a meaningful initiative towards promoting the health and well-being of the children associated with Bal Sahyog. Bal Sahyog sincerely appreciates ITI Foundation and DCPU-11, New Delhi, for their valuable support and contribution in making the eye check-up camp a beneficial and impactful initiative.





Block Printing Training at SSMI



On 11 June 2026, children from Bal Sahyog visited **Swami Sivananda Memorial Institute - (SSMI)** to participate in a hands-on training session on block printing. The visit provided an opportunity for the children to explore a traditional craft and learn about the basic techniques involved in creating printed designs using wooden blocks and colours.

During the training, the children actively participated in the process and experimented with different patterns and designs. The practical nature of the session encouraged them to express their creativity, develop patience and concentration, and learn through direct experience. The activity also helped the children appreciate the skill and effort involved in traditional handicrafts.





The visit was a meaningful experiential learning activity during the April–September 2026 period. It provided the children with exposure to a new skill in an engaging environment while encouraging creativity, confidence, and appreciation for traditional art forms. Such activities form an important part of Bal Sahyog's efforts to provide children with opportunities for learning beyond the classroom.

Farewell and Welcoming of New Leadership

On 11 June 2026, Bal Sahyog organised a farewell to honour the Executive Director, Mr. Kiremwati with staff expressing their gratitude for the leadership, guidance, and valuable contributions during the tenure. The occasion also marked the joining of Mr. Sanjay Joshi as CEO of Bal Sahyog, who was warmly welcomed by the staff as he took charge of his responsibilities. Colleagues extended their best wishes to the outgoing Executive Director and welcomed Mr. Joshi with their support for his new role.



Dental Health Camp

A Dental Health Camp was organised by **Smile India** on 12 June 2026 at the Bal Sahyog Dining Hall for the children and staff. The camp focused on promoting oral health and hygiene, with participants receiving dental check-ups and guidance on maintaining healthy teeth and gums. The initiative helped raise awareness about the importance of regular dental care and good oral hygiene practices.





X-RAY HEALTH CAMP

An X-Ray Camp was conducted for all children and staff at Bal Sahyog on 15 June 2026 by the **NDMC Chest Clinic**. The camp provided health screening facilities to the children and staff and supported the organisation's efforts to promote regular health check-ups and early identification of health concerns.

INTERNATIONAL YOGA DAY CELEBRATION

Children at Bal Sahyog practise yoga daily as part of their routine for physical and mental well-being. On 21 June 2026, the children participated enthusiastically in a special yoga session organised on the occasion of International Yoga Day, in collaboration with **DCPU-11**. The session encouraged children to embrace yoga as a healthy practice and highlighted the importance of fitness, mindfulness, and overall well-being.



Life Skills and Safe & Unsafe Touch Awareness



From 23 to 25 June 2026, Bal Sahyog organised awareness sessions in collaboration with the **Modi Care Foundation**. The sessions focused on 10 essential life skills for adolescents and safe and unsafe touch awareness for primary school children.

The sessions were designed to help children understand personal safety, build confidence, develop essential life skills, and make informed decisions. The interactive activities encouraged children to communicate openly and understand the importance of seeking help and staying safe.



HEALTH SCREENING CAMP

On 24 June 2026, Bal Sahyog organised a health screening camp in which blood tests were conducted for all children and staff. The tests included LFT (Liver Function Test), KFT (Kidney Function Test), and CBC (Complete Blood Count).



The tests were conducted by **RKJ Labs** and helped support regular health monitoring of the children and staff. The initiative reflects Bal Sahyog's continued focus on promoting preventive healthcare and the overall well-being of everyone in the organisation.



SKIT SHOW BY BAL SAHYOG OPEN SHELTER CHILDREN

On 11 July 2026, the children of Bal Sahyog Open Shelter presented a skit show with the support and guidance of **Mr. Ajay**. The performance provided the children with an opportunity to showcase their creativity, confidence, and talents in front of an audience.

The children participated enthusiastically and expressed themselves through the performance. The activity encouraged teamwork, communication skills, and self-confidence, making it an enjoyable and meaningful experience for the children.

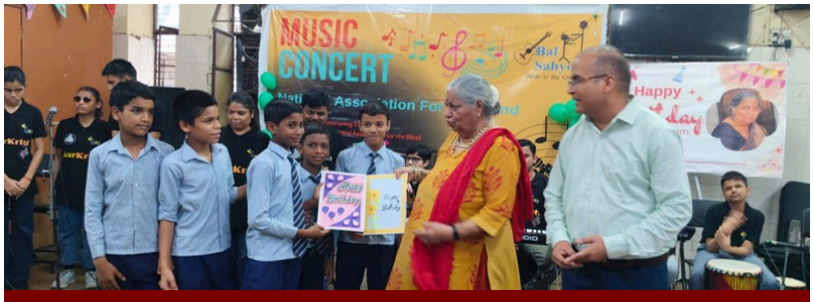


Birthday Celebration of Former Chairperson, Smt. Reva Nayyar









On 8 July 2026, Bal Sahyog celebrated the birthday of its former Chairperson, Ms. Reva Nayyar. It was a special and memorable occasion for the Bal Sahyog family, and everyone felt honoured to have her present at the organisation on her birthday.

To make the celebration more meaningful, Bal Sahyog invited the Music Group from the National Association for the Blind (NAB). The children were delighted and excited to meet Ms. Reva Nayyar and expressed their affection and warm wishes by greeting her on her special day.

The celebration was filled with warmth, happiness, and heartfelt emotions. The children's love and greetings made the occasion particularly touching for Ms. Reva Nayyar and created a beautiful and memorable moment for everyone at Bal Sahyog.

Giving Children Hope Today, Building Their Future Tomorrow.

POCSO Awareness Training for Staff



On 15 July 2026, a POCSO awareness and training session was organised for the staff of Bal Sahyog by the **Child Helpline 1098 team**. The session focused on strengthening staff awareness regarding child protection, safety, and the responsibilities involved in safeguarding children.



Fire Safety Training

On 7 August 2026, a Fire Safety Training session was conducted at Bal Sahyog by the **Delhi Fire Brigade**. The session focused on creating awareness among staff and children about fire prevention, emergency preparedness, and appropriate safety measures.

The training provided practical guidance on how to respond during a fire emergency and highlighted the importance of remaining calm and following safety procedures. The initiative strengthened awareness and preparedness for ensuring a safer environment at Bal Sahyog.









Independence Day Celebration

Bal Sahyog celebrated Independence Day on 14 August 2026 with great enthusiasm and patriotic spirit. The event began with the flag-hoisting ceremony, followed by the singing of the National Anthem. The celebration brought together children, staff, donors, and guests in a warm and memorable gathering.

The children of Bal Sahyog presented a variety of patriotic performances, including dance, songs, a one-act play, speeches, and poems. Their enthusiastic participation reflected their creativity, confidence, and love for the nation. The children also warmly welcomed and greeted the newly appointed Chief Executive Officer (CEO), Mr. Sanjay Joshi, who was presented with greetings by the children.



Several donors also joined the celebration and encouraged the children through their presence and motivational words. Their support and appreciation added to the children's enthusiasm and made the occasion a meaningful celebration of freedom, unity, patriotism, and togetherness.



Cyber Safety Awareness Session



On 17 September 2026, an awareness session on cyber safety was conducted at Bal Sahyog by the **DCPU-IX** Childline team. The session focused on helping children understand the importance of staying safe and responsible while using the internet and digital devices.

The children were guided on recognising potential online risks, protecting personal information, and following safe practices while communicating and browsing online. The interactive session encouraged children to use digital platforms responsibly and seek help whenever they encounter an unsafe or uncomfortable situation.

Participation in HUDCO Drawing Competition

On 19 September 2026, the children of Bal Sahyog participated in a **Housing and Urban Development Corporation Limited (HUDCO)** Drawing Competition held at the World Habitat Centre, Lodhi Road. The event provided the children with an opportunity to showcase their creativity and artistic skills in a stimulating environment.

The children participated with great enthusiasm and expressed their ideas through colourful drawings. Their participation encouraged creativity, confidence, and self-expression while giving them valuable exposure to an event held outside the Bal Sahyog campus.





About Bal Sahyog Middle School

Bal Sahyog runs a Middle School within its campus, with financial assistance from the Government of NCT of Delhi. Established in 1987, the school provides formal education to boys in Classes VI to VIII, primarily in the age group of 10–14 years. The school is recognized by the Directorate of Education, Government of NCT of Delhi, and preference is given to children residing in the Shelter Home/Open Shelter and those from the nearby community.

The school provides a supportive learning environment focused on the children's education and overall development. Key facilities include **Interactive Smart Boards, Teaching-Learning Materials, a Science Laboratory, a Computer Centre, and a Library**, enabling children to learn through modern and engaging methods.

As per the prescribed norms, Bal Sahyog Middle School regularly conducts a variety of co-curricular and extracurricular activities to promote the overall development of children. These include **Beat the Heat Drive** – 6 April and 7th May 2026; **Pledge on Swachhata** – April 2026; **Tree Plantation Drive** – 4 July 2026; **Child Safety Awareness** – July 2026 (Child Safety Month); **POCSO Act Session** – 6 July 2026; **Paper Bag Making** – 24 July 2026; **Session on Classroom Rules** – 5 August 2026 (conducted every month); **Har Ghar Tiranga** – 13 August 2026; **Ozone Depletion Awareness** – 10 September 2026 and 16 September 2026 (Ozone Day); **Session on Cybercrime** and other creative and recreational activities, providing children with opportunities to develop their talents, creativity, teamwork, and confidence.

Activities at Bal Sahyog Middle School

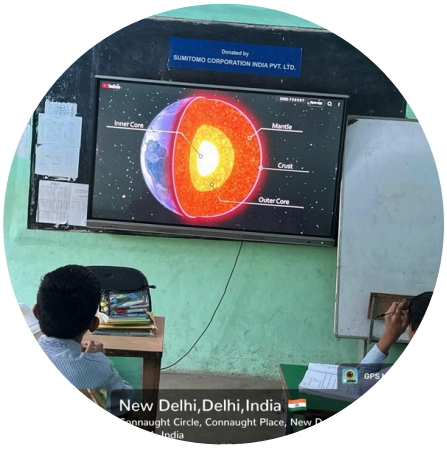
BEAT THE HEAT DRIVE AND ORS DISTRIBUTION



BOOKMARK MAKING ACTIVITY



SESSION ON ENVIRONMENTAL ISSUE



Activities at Bal Sahyog Middle School

HAR GHAR TIRANGA RALLY



PAPER BAG MAKING ACTIVITY



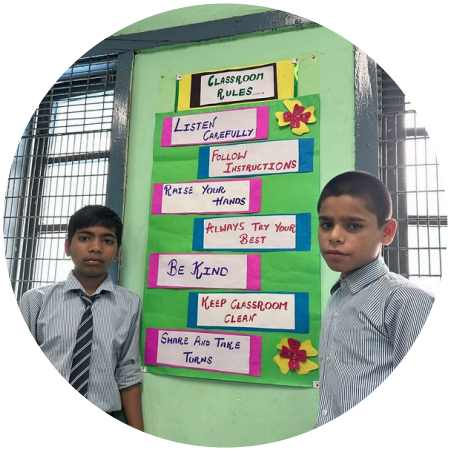
TREE PLANTATION DRIVE



PLEDGE ON SWACHHATA



SESSION ON CLASSROOM RULES



SESSION ON CYBER CRIME



KABADDI TOURNAMENT



BATMINTON TOURNAMENT



THROWBALL TOURNAMENT



Ms. Maya Nirula Visits Bal Sahyog

Bal Sahyog extends its heartfelt thanks to **Ms. Maya Nirula** for visiting us again on 3 April 2026, in loving memory of her beloved father. As a thoughtful tribute to his memory, she brought joy to the children by distributing ice creams and cakes. Her kind gesture brought smiles and happiness to everyone at Bal Sahyog, and we deeply appreciate her continued warmth, generosity, and support.









Giving Children Hope Today, Building Their Future Tomorrow.

Ms. Maya Nirula, has been one of our most generous donors. We thank for her continued love and support. Her regular visits at Bal Sahyog and the time that she spends with the children bring smiles to their faces. Her thoughtful gestures, gifts, sweets, and delicious treats are always received with great joy and affection. Her presence makes the day special for the children. We sincerely appreciate her continued generosity and her commitment to spreading joy among the children of Bal Sahyog.

MUSIC SHOW BY NATIONAL ASSOCIATION FOR THE BLINDS



Bal Sahyog sincerely appreciates the National Association for the Blind (NAB) for its continued support and valuable collaboration over the years. NAB has been working closely with Bal Sahyog for several years, contributing meaningfully towards inclusion, empowerment and community welfare. We are grateful for their continued dedicated service they provide.

On 7 August 2026, on the occasion of the birthday of our former Chairperson, Smt. Reva Nayyar, the talented NAB band presented a soulful musical performance at Bal Sahyog. Their inspiring music and remarkable talent delighted everyone present and made the occasion truly memorable. We extend our heartfelt thanks and best wishes to the entire NAB team and the performers.

TUITION PROGRAM , TECH-ENABLED REMIDIAL EDUCATION AND COMPUTER LITERACY PROGRAM RUN BY BAL SAHYOG



Special Tuition Support

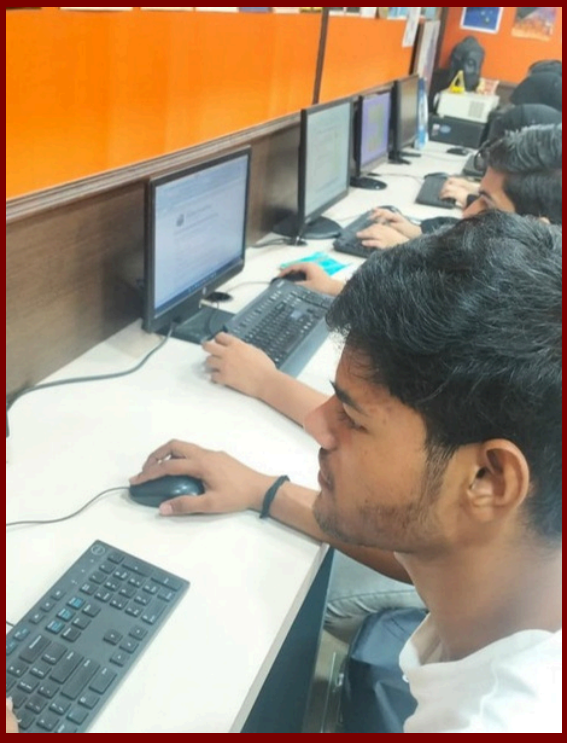
Ek Kadam Aage, an organisation working to strengthen literacy and numeracy skills among primary school students, supported Bal Sahyog through teacher training, continuous assessment, and monitoring of children's learning progress. During April–September 2026, special tuition classes were conducted at the Bal Sahyog Home in Connaught Place.

A total of 100 children from Classes 1 to 12 benefited from the programme. Eight tutors provided academic guidance in English, Mathematics, Science, Physics, Chemistry, Biology, Economics, and Accountancy, based on the children's learning needs.

The programme helped children clarify concepts, strengthen academic skills, and build confidence in their studies. It reflects Bal Sahyog's continued commitment to supporting the educational development and overall growth of children.

TECH-ENABLED REMIDIAL EDUCATION AND COMPUTER TRAINING PROGRAMME

During April–September 2026, Bal Sahyog continued its Vocational Computer Training Programme for adolescents, men, and women at its Karol Bagh, Wazirpur, and Connaught Place centres. The programme focused on building essential computer and digital literacy skills.



To further strengthen digital learning, Bal Sahyog partnered with **Literacy India, Gurugram**, to introduce the GyanTantra (Digital Innovation) programme at the Wazirpur Community Centre under an MoU, providing tech-enabled education to around 30 students.



More than 150 beneficiaries received computer training during the six-month period. The initiative helped participants build essential digital skills while promoting education, employability, self-reliance, and greater digital awareness.

"Empowering through Education"

TUITION AND NUTRITION SUPPORT BY HLSA-CES

Bal Sahyog is proud to highlight the success of our partnership with **HLSA-CES** Society. By combining educational sponsorship with essential nutritional support, this initiative removes financial barriers to schooling while safeguarding physical health. This holistic model ensures vulnerable children receive a stable, nurturing environment to learn, grow, and thrive.

Academic outcomes have been exceptionally positive, with 67% of sponsored students (10 out of 15) improving their scholastic performance over the assessment period. Crucially, the initiative maintained a 100% school continuation rate, ensuring zero dropouts and uninterrupted learning for every child.

Alongside academic progress, continuous health monitoring supported the physical wellbeing of all 15 beneficiaries. Younger children achieved healthy growth in height and weight, while older adolescents maintained stable development. One student demonstrated remarkable progress by gaining 8 kilograms and growing 12 centimeters, illustrating the vital role consistent nutrition plays in adolescent growth.



Looking ahead, Bal Sahyog remains committed to advancing holistic child development while introducing targeted subject mentoring for senior secondary students facing increased academic pressures. We extend our heartfelt gratitude to HLSA Society for their continued support, which empowers our youth to build brighter, more resilient futures as educated citizens.

Exposure Visits



Children's Exposure Visit to Gandhi Museum, Raj Ghat

As part of Bal Sahyog's efforts to provide children with meaningful learning experiences beyond the classroom, an Exposure Visit to Gandhi Museum, Raj Ghat, Delhi, was organized on 16 May 2026. The visit gave the children an opportunity to learn about the life, values, and philosophy of Mahatma Gandhi through an engaging and educational experience. The children explored the museum and gained a deeper understanding of Gandhi ji's message of truth, non-violence, simplicity, and service to society. The visit was an enriching experience that encouraged the children to connect their classroom learning with history, values, and real-life experiences.







Trip to Haridwar



The Rotary Club of Delhi Safdarjung generously sponsored a three-day educational trip to Haridwar for the children of Bal Sahyog from 30 May to 1 June 2026. Traveling comfortably by air-conditioned bus and staying at **Gayatri Tapovan Ashram**, the children explored the city using e-rickshaws and on foot. They visited Bharat Mata Mandir and Lal Mata Mandir, experienced the spiritual atmosphere of Hari Ki Pauri, and took a holy dip in the Ganga.







Exposure visit at Literacy India

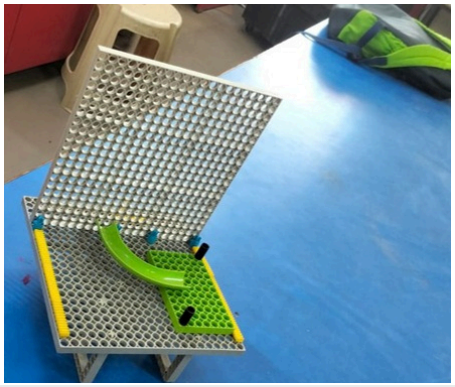




As part of its efforts to strengthen education, vocational training and sustainability, a few Bal Sahyog staff members visited **Literacy India** on 20 May 2026. The visit provided valuable insights into digital education, vocational training, women's livelihood programmes and environmental initiatives such as rainwater harvesting, paper recycling and solar energy.

The "Learn + Internship + Certificate" model highlighted the importance of combining practical training with certification and livelihood opportunities. The visit also opened possibilities for future collaboration and adoption of sustainable, educational and skill-development initiatives at Bal Sahyog.





SBI Foundation Day Celebration

On 1 July 2026, **SBI (State Bank of India)** celebrated SBI Foundation Day at Bal Sahyog with the children and staff. As part of the celebration, SBI distributed gift hampers to all the children, containing a variety of snacks and other treats that they thoroughly enjoyed.

The thoughtful gesture brought smiles to the children's faces and added warmth and joy to the occasion. The celebration was a memorable experience for everyone at Bal Sahyog, creating moments of happiness and togetherness for the children and staff.









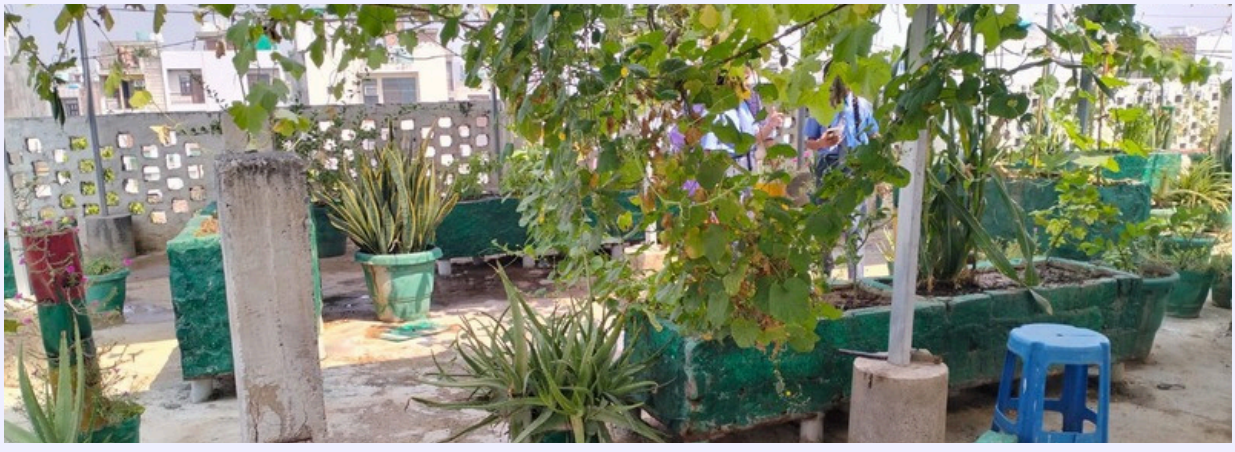
ABOUT STAFF EXPOSURE VISIT TO

Muni International School

Muni International School in Mohan Garden, Uttam Nagar, New Delhi, was founded by Mr. Ashok, an ex-armyman. Its campus runs on solar power, and students take part in farming beneath and around the solar panels, learning about sustainability first-hand. Children of the school guided us with confidence through the school's facilities and activities.

The school follows a student-led, "Eklavya" approach in which each child is paired with a buddy and students explain concepts to one another. Teachers step in only when a group is stuck. Each class also runs its own Parliament, so students learn civics by taking part, and acupressure and parent involvement add to the focus on health and well-being.

Students attend regular classes about three days a week and spend the rest on experiential learning, including activities with visitors. Described as a modern Gurukul, the school shows education that builds independence, responsibility and cooperation.



Hands That Helped:
Bal Sahyog Donors

ALEXANDER GEORGE

ALKA AWASTHI

AMAN AIRGUN INDIA

AMAN MEHRA

AMIT MAHESHWARI & AARVI MAHESHWARI

ANJALI CHAUHAN

ANUJ KUMAR MANGLA

ASSETZ SOCIAL RESPONSIBILITY ASSOCIATION

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DEEPAK KUMAR GUPTA

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TRIPTI JOSHI

VARUN DAWAR

VEENA GIRDHAR

VIDYA SHARMA

VINAY SAINI

Paintings by our children



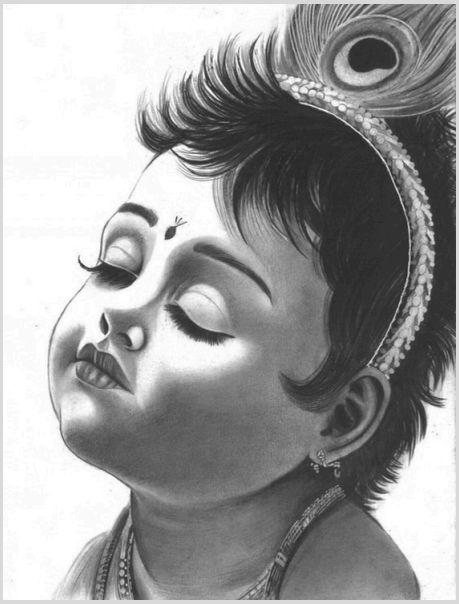
















Bal Sahyog
With 'n' By Children

How you can help us

- SPECIAL OCCASION BREAKFAST/LUNCH/DINNER CAN BE SPONSORED AT REASONABLE COST BY THE DONORS.
- SPONSOR AN OUTING FOR 40 CHILDREN OF YOUR CHOICE FOR A DAY BY PAYING RS. 8000/- OR ARRANGE A BUS FOR THEIR TRANSPORTATION.
- SPONSOR AN OUTING FOR UP TO 125 CHILDREN OF YOUR CHOICE FOR A DAY BY PAYING RS.22,000/- OR ARRANGE THEIR TRANSPORTATION.
- SHARE YOUR MOMENTS OF HAPPINESS BY CELEBRATING BIRTHDAYS OR ANNIVERSARIES OR FESTIVALS OR ANY OTHER EVENT.
- SPONSOR A CHILD FOR ONE YEAR (INCLUDING FOOD, SHELTER, CLOTHING, HEALTH, EDUCATION, GAMES, OUTINGS, ETC.) BY PAYING RS. 72000/- . (PAYMENT CAN BE MADE @ RS.6000/- PER MONTH).
- DONATION IN CASH OR KIND TOWARDS INFRASTRUCTURE MAINTENANCE AND DEVELOPMENT SUCH AS KITCHEN, TOILETS, DORMS, COOLERS, REFRIGERATORS, FANS, WATER HEATERS, EQUIPMENTS, PLAY GROUNDS, ETC.
- DONATION IN CASH OR KIND FOR SPECIFIC PURPOSE LIKE BLANKETS, WARM CLOTHES, BED CUSHIONS, BED SHEETS, PILLOWS, PLAY MATERIALS, CHILDREN CLOTHES, SLEEPERS, SHOES, SOCKS, LOCKS AND KEYS, ETC.
- VOLUNTEERING WITH BAL SAHYOG IN DIFFERENT WAYS.

YOU CAN DONATE EITHER IN CASH OR THROUGH CHEQUE/BANK DEMAND DRAFT DRAWN IN FAVOUR OF BAL SAHYOG OR THROUGH NET BANKING /NEFT/RTGS. THE DETAILS OF OUR BANK ACCOUNTS ARE AS UNDER:

AU SMALL FINANCE BANK, K-16, PLOT NO.: 2, BLOCK- K2, CONNAUGHT PLACE, NEW DELHI-110001, SAVINGS BANK ACCOUNT NO: 2401263558829079, IFS CODE: AUBL0002635.

DONATIONS IN CASH UP TO RS. 2,000/- AND ALL DONATIONS MADE THROUGH CHEQUES, DEMAND DRAFTS, RTGS/NEFT, OR NET BANKING ARE EXEMPTED UNDER SECTION 80G OF THE INCOME TAX ACT OF 1961. DONATIONS MADE IN CASH EXCEEDING RS. 2,000/- WILL NOT BE ALLOWED AS DEDUCTION U/S 80G OF I.T. ACT.

FOR DONATIONS BY FOREIGNERS AND NRIS', PLEASE CONTACT, THE CHIEF EXECUTIVE OFFICER (9599194802) / BAL SAHYOG, OPPOSITE L BLOCK, CONNAUGHT PLACE, NEW DELHI-110001, PHONE: 011-23411273/995.

EMAIL: BALSAHYOG@BALSAHYOG.ORG.IN WEBSITE: WWW.BALSAHYOG.ORG.IN.